

CLOTHES: CUSTOMIZED SHIRT



MATERIALS REQUIRED

Colourful textile remains for various decorative patches, old shirts of all shapes and sizes, scissors, pins, useful threads, sewing machine, iron.

DEGREE OF DIFFICULTY

Medium.

APPROXIMATE TIME REQUIRED

2 hours.

LEARNING GOALS

Recycling of old clothes, simple clothing design, simple sewing skills, strengthening and maintaining of motoric abilities.

WORKED ABILITIES

Attention, determination, fine handling, accuracy, hand-eye dexterity, creativity.

STEP-BY-STEP INSTRUCTIONS

1. First, we take an old shirt.
2. Then, the shirt is adequately re-designed (i.e. narrowed, with shortened sleeves etc.).



3. From various remains of different cloth and knitwear we then design nice decorative patches of different sizes and shapes (hearts, butterflies, flowers etc.).



4. Decorative patches are either sewed or pinned onto the shirt (by hand or using some decorative stitches made by sewing machine).



5. Side stitches are put together and sewed.
6. Sleeves can be appropriately hemmed.
7. Sleeves are suitably trimmed.
8. Finally, the shirt is ironed.

TIPS

Shirts of extreme sizes (XXXXL) can be used to make a proper dress. Decorative patches can be made of various materials (old crocheted tablecloths, web-like knitwear, textiles, cotton, viscid and PVC materials).